



CACAO NIBS: ARRIBA

Our Arriba cacao nibs are unique to a particular part of Ecuador, where the environment creates this single variety of cacao. Through an exceptional combination of climate, soil, and sun, Arriba Nacional-Fino de Aroma is born. This cacao, prized among the international chocolate trade, can only be found in the rainforests of the low-lying La Costa Region.

OUR PROCESS

Our cacao pods are harvested once mature and yellow to reddish brown in color. Each pod is split open to reveal dozens of little beans that are coated in thick white, sweet pulp. After exposing the beans and their pulp, the cacao beans start to germinate and are quickly sent to be fermented. The beans are placed in fermentation boxes, where microorganisms react with the sweet pulp, initiating the fermentation and heating up the beans. Over the next five days, a series of reactions occur, causing the pulp to break down, heat up and ultimately cure the bean. This process breaks down the bean's cell wall and results in chemical changes that are responsible for the wonderful flavor and color.

Most companies will roast the beans which destroys a lot of natural flavor and nutrients the plant took so long to develop. We believe these flavors and nutrients are important and something to be enjoyed, so instead of roasting, we remove the shell and gently crush the bean into nibs.

USE

Arriba cacao nibs have a fruity, earthy chocolate flavor and can be used in snacks, baked goods or eaten by themselves for a healthy dark chocolate crunch.

THE SOURCE

The La Costa Region in Ecuador sweeps from the Pacific Ocean in the west, to the base of the towering Andes Mountains in the East. The region is a composition of ample plains, hills, several types of forests and crystal clear rivers.



Variety

Arriba Nacional Fino de Aroma

Origin

La Costa Region, Ecuador

Certifications



Typical Nutrition Per 100g

Calories	525
Calories from fat	277.38
Total Fat	30.82g
Saturated Fat	15.83g
Trans Fat	0g
Cholesterol	0mg
Sodium	28mg
Potassium	739mg
Total Carbohydrate	46.63g
Dietary Fiber	43.15g
Sugars	0.62g
Protein	15.16g
Vitamin A	0IU
Vitamin C	0mg
Calcium	84.5mg
Iron	2.21mg



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